



Adventure Island News

Keeping the Camp Family Connected—Spring 2010, Volume 29: Issue 3



Welcome to Summer!

From the Executive Tower...

Hello to everyone reading this edition of the Adventure Island News! This is our final edition before the summer so we hope all of you regular readers and all of you who are receiving this newsletter for the very first time are pumped and ready for our fantastic 36th Great Camping Season!!

Justin and I have just returned from a wonderful holiday weekend at camp and are very pleased with the progress already made by our fantastic Spring Crew! Dale Batisse (yes "The Dale" is back again!), Matt Lohnes and Jon Conway are making great strides getting everything ready for a Hot Hot Hot Summer!

The Program Department will be in the able hands of Anna MacLennan (Program Director), along with Jon Conway and Mer Greey (who also heads the LIT program) with activity help from Mike Kitchell and Curtis Hibbert. On the Ski Docks will be Arwen McKay, Will Pattison and Kathy Robinson-Pope, with strong help from Cathy Hibbert.

Tom Zivic will be back for his 35th Summer with us as our Sports Director and also keeping an eye on our busy Trampoline and Gymnastics Centre. Olympic Coach Dave Ross continues as our Trampoline Director.

Many familiar faces will be on our Counselling Staff: Taylor Barbet, Bri Bijman, Bobby Schimmel, Maddy Bell, Shannon Moir, Catie Kemp, Tyler Perrier-Ehrlich, Peter Hucal, Brett Pedersen, Will MacLellan, Simon McKee, John "Campu" Campuzano, Josh Beasley and Eric Moore.

In "The Med" will be Nurse Natalie Wong and our usual able team of in residence doctors and our Tuck Queen will be none other than Samantha Poirier who grew up here at camp with her siblings. Well - the editor is already looking over my shoulder and muttering about space - and I don't think she's talking about space at camp (which has been going at lightning speed - if you are still dilly dallying about registering, you had better call us now (905-886-1406) 'coz there ain't much left!!). Anyway, I must return to packing all kinds of kooky goodies that were gathered over the winter - I hope you will soon be doing the same!

See you all in the sunshine on Adventure Island in a month or so!

Until next time.....be kind to each other!



Theme Days this Summer...

There is nothing like a camp-wide theme day to add excitement and bring people together! This summer we will have the following themes:

Session #1: World Cup

Session #2: Safari Adventure

Session #3: Blast from the Past

Session #4: Mythical Creatures

Please find a costume and pack it in your **duffle bag**—be as creative as you like!



LET US KNOW... as always, please share your memories, photos, and what you are counting down the days to! Become an [Island Author on our website](#) or drop us a line— we love to hear what you have to say!



PARENTS CORNER! by Anna MacLennan

At this time of year conversations about camp are constantly being sparked up—the sun definitely makes parents and children think ‘**CAMP**’! Even the newspapers are in on the conversation. I noticed an article last week about cute aromatherapy sprays for children (including the Happy Camper Spray and the Super Hero Spray) aimed at soothing children’s anxieties—you can have a look at their [website](#) if you want to find out more.

The article got me thinking about those children who work to overcome homesickness at camp and what we can do to support them during this process. Our staff are trained to recognise the subtle and diverse symptoms of homesickness and help children work through them, but setting a child up for success before they set foot on Adventure Island is also very important. Now is the perfect time to start talking to your child about any anxieties they may have and coming up with solutions together—such as spending a night away from home with a friend or practicing using a flashlight to find things. Most importantly, remember that feeling a bit homesick is natural and learning to overcome these feelings is an important step in developing confidence and independence. If you would like some more information or ideas, please visit [“Homesickness: Prevention is Better than a Cure”](#) on our website.

We are happy to say that our **first totally online newsletter** in the winter was received very well and we have had many camper email addresses added to our database, so the newsletter can be sent straight to them! If your camper has not yet had a chance to sign up, they can do on our website at www.canadianadventurecamp.com.

on the pulse with Justin!

Having just returned from Adventure Island for the kick off of our summer preparations, there are so many things I am excited about! For starters, can you believe the glorious weather we are having? A great sign for things to come! Over the next few weeks an energetic and diverse group of returning and new staff will be gathering on Adventure Island to get ready for your arrival. Like our campers, our staff are coming from all corners of the world!

I bet you are wondering what’s new for this summer! We have a shiny new Crossover Nautique, accompanied by loads of cool new wakeboards, wake surfs and skis. At Swim Bay you will find an extended beach, “The Beach House” and a new fire pit... There is just not enough space for everything I want to say so I guess you will have to wait and see it all for yourself!

See you soon!

Greening for the Future!

Lake Temagami loves Biodegradable Toiletries!

At C.A.C., so much of our day is spent in and around the water (water trampoline, sauna, tubing, skiing...) that protecting the water is in everyone’s best interests. One of the ways that we can all play a role in loving the lake is to make sure that the **toiletries we bring to camp are biodegradable**. Luckily these toiletries are becoming easier to get hold of—most big stores stock biodegradable options. Check out the article on our website for more details about and examples of biodegradable products—and where to find them!



Thinking about what to pack?

Check out the [packing list](#) on the website, and some [hints and tips](#) about what to pack (and what is better left at home)!

The Countdown to Camp has Begun!

There are only a few places left at camp—the time for that last minute registration is NOW!

Give us a call at (800) 966-1406 or drop us a line at info@canadianadventurecamp.com.

We look forward to answering any questions you may have!

